



Player/Coach/Staff/Volunteers/Cheerleaders

Release Waiver Agreement

I, _____ Hold The League and the Sacramento UnderDogs and all of its affiliates harmless against liability for my participation in adult contact football. I do not have any current injuries or any medical conditions that would prohibit me from participating in a full contact adult football sport. I understand that adult football is an assumed risk event. I assume that risk 100 Percent being of sound body and mind.

Sidelines and all other staff (coaches, cheerleaders, EMT, chain gang, stats person, camera person, water boys and ball boys and gate and snack bar volunteers) this will also pertain to, you will agree to hold harmless against liability in the event you are injured at any game. You assume the risk and are 100 Percent being of sound body and mind.

Name: _____

Signature: _____

Date: _____

In the event I am hurt during a game I do give consent to allow medical attention to be administered, I am aware that all medical costs will be assumed by myself and my insurance company

- 1) Do You have Insurance That Covers X-rays, Stitches, CT Scans, Fractures Or Breaks? Yes or No (circle one) If you answer is Yes what was the Providers Name? _____
- 2) Would You Like To purchase Personal Injury Insurance? Yes Or No (circle one)
- 3) Do you have any prior or current condition that would limit or put you at risk by participating in Contact Football? Yes or NO (circle one)

Name: _____

Date: _____

Signature: _____